

Caring at the end of life

When you care for someone at the end of life, there are many tasks that you may need to do, some of them include:

- Mobility
- Personal care (dressing, bathing, toileting, eating)
- Communication
- Health care
- Cognitive or emotional tasks
- Household chores
- Property maintenance
- Meal preparation
- Reading or writing
- Transport
- Improve quality of life
- Decision making
- Feeling loved and valued
- Providing meaning and purpose

Source: Australian Bureau of Statistics

CarerHelp is here when you need it. www.carerhelp.com.au

